

ORTHOPAEDIC IN-PATIENT PLACEMENT

Placement clinical supervisors:

Neil Wright	neilwright1@nhs.net	Bleep 063
Tessa O'Connor	tessa.o'connor1@nhs.net	Bleep 063
Germaine Watson	germainewatson@nhs.net	Bleep 332

Clinical Hours

Monday – Thurs: 8.30am – 4.30pm
Friday: 8.30am – 4.15pm

Day 1



Full uniform is worn (polo shirt if preferred) and university ID Badge required to be displayed at all times

Directions: Click [here](#) or visit www.chesterfieldroyal.nhs.uk for directions and map of the hospital. The site is accessible via public transport.

Parking: Parking is available on site, a fee is charged for all patients, visitors and members of staff using these facilities. On your first day please use the car parks indicated for patients/visitors and pay accordingly. A parking pass is available to be purchased for future uses. Click [here](#) for more information.

Please familiarise yourself with the [key policies](#) before you arrive.

General Information

The 80 bed orthopaedic unit at Chesterfield Royal Hospital comprises 32 elective and 48 trauma beds. We also provide a dedicated service to orthopaedic paediatric in and out patients.

Presently there are 9 Orthopaedic and 1 Ortho-paediatric Consultants.

Common Conditions

- [Joint arthroplasty](#) (THR, TKR, UKR, Revision surgery)
- [ACL reconstructions](#)
- Shoulder surgery ([Cuff repair](#), [Impingement decompressions](#), [replacement](#))

- Foot surgery (Trauma and elective)
- [Talipes](#)
- Fractures of the NOF, SOF, condylar (tibia and femur), tibial shaft,
- Ankles and their surgical management.
- [Upper limb fractures](#)
- Typical fractures in the immature skeleton
- Perthes disease
- [Slipped upper femoral epiphysis](#)

Learning Opportunities

On this placement you will have the opportunity to assess and treat, and also be involved in the management and discharge planning of orthopaedic conditions.

You will also have the opportunity to work as part of the MDT to be involved in the decision making and planning process to enable safe and effective treatment. You will gain an in depth insight to the physiotherapy provision to the orthopaedic wards and how this is managed on a day to day basis.

There will be opportunity:

- To perform appropriate subjective and objective examinations.
- To be able to identify problems and set realistic goals using outcome measures to monitor and progress treatment appropriately.
- To implement techniques to:-
- Mobilise patients and help them achieve maximal functional independence.
- Increase ROM and strength and advise on appropriate treatment progressions
- Educate, facilitate and encourage to build patients confidence
- Reduce the complications related to immobility
- Ensure a relevant, effective and safe physiotherapy intervention and timely discharge



Knowledge And Skills Required

Students will be expected to:

- Have knowledge of the skeletal, neural and muscle anatomy and how it relates to common orthopaedic conditions and presentations. Particular emphasis should be given to fractures of the limbs and joint arthroplasty.

Learning Outcomes

On completing this module you should be able to:

- Assess, identify problems and formulate treatment goals in common orthopaedic conditions.
- Use techniques to treat, progress and evaluate their intervention.
- Prioritise patients and plan their working day accordingly.
- Take an active role in the MDT and communicate effectively within it.
- Understand the process and the factors to consider to facilitate a safe and effective discharge.
- Demonstrate an awareness of the need to refer to other services where appropriate, and complete the referral process.



Useful resources

- [NICE guidelines for #NOF](#)
- [SIGN guidelines for #NOF](#)
- [National Hip Fracture Database website](#)
- [CSP: Physiotherapy works: Hip Fracture](#)